

Handout for the Therapro webinar  
**Promoting Self-Regulation and Executive Functioning for Optimal Learning, Preschool through High School**  
 presented by Jocelynn Wallach, MS, OTR/L - May 19, 2026



**Capable Hands Pediatric Services**

Observations of Self-Regulation and Executive Function Skills in Normal Development

Scenarios	Self-Regulation	Sustained Attention	Task Initiation	Planning Organization	Time Management	Goal-Directed Persistence	Working Memory	Flexibility	Metacognition
Toy/Water Play: Infant									
Toddler									
Pre-schooler									

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