

Handout for the Therapro webinar  
**Promoting Self-Regulation and Executive Functioning for Optimal Learning, Preschool through High School**  
presented by Jocelynn Wallach, MS, OTR/L - May 19, 2026



## Capable Hands Pediatric Services

### Observations of Self-Regulation and Executive Function Skills in Students with SPD

Scenario	Self-Regulation	Sustained Attention	Task Initiation	Planning Organization	Time Management	Goal-Directed Persistence	Working Memory	Flexibility	Metacognition
<b>C:</b> Bubbles									

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