

Polyvagal in Schools: From Science to Application in Clinics and Classrooms

presented by Dr. Debra Em Wilson - April 25, 2023

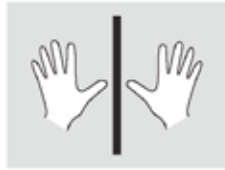
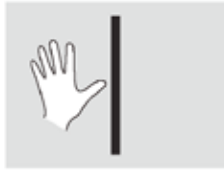
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Midline Match-Up

Start

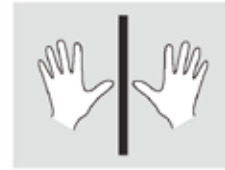
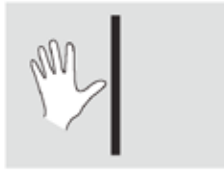
1



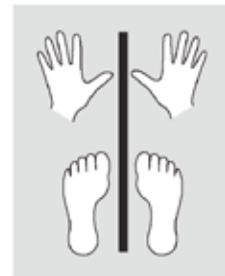
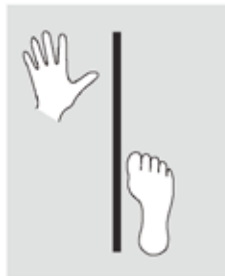
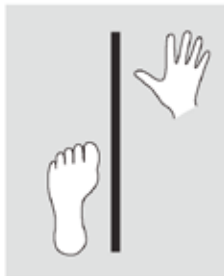
2



3



4



Finish



For all hand movements, hold the arms straight up with hands over the head.



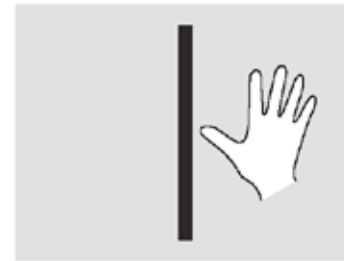
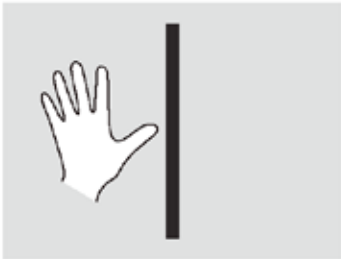
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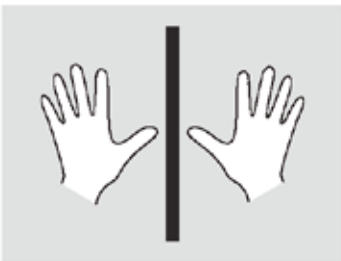
Modification 1: Beginning

Midline Match-up

1



2

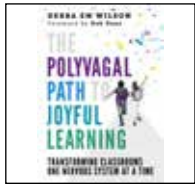


3



Handout for the Therapro webinar
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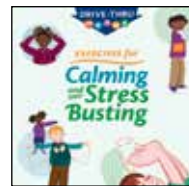
The Polyvagal Path to Joyful Learning
From Debra Em Wilson. Every student and teacher is different, but there's one thing each has in common: a responsive nervous system ready for action.



Drive Thru Menus for Preschool & Kindergarten
Designed to help teachers incorporate movement into the foundation skills of literacy, math, science and social studies.



Minute Moves Bundle: An All-in-One Bundle
Great for whole class involvement and enhancing collaboration between support staff and teachers by everyone agreeing to implement the ten Minute Moves routine throughout the school day when needed.



Drive Thru Menus: Calming & Stress Busting
Provides a program for daily exercise as a strategy to cope with stressors.



Focus Moves Bundle: All-in-One Bundle
Improve postural stability, vision skills, proprioception, body awareness, midline skills, and regulation with these easy-to-implement, classroom friendly activities designed to support children with developmental gaps.



Sensory Integration Inventory
Appropriate for all ages, this Inventory and accompanying User's Guide is a preliminary assessment for occupational therapists who serve people with developmental delays and disabilities.



SOSI-M Complete Kit
A nationally standardized assessment of sensory-based motor skills, based on Ayres Clinical Observations, and developed by well-regarded experts in sensory integration.



Fidget Kit
At the request of many parents we put together a kit of the most popular fidgets. Pick a new favorite everyday. It's a great value because they can be used over and over again and children never tire of them.



Sensory Stories
Sensory Stories teach children with over-responsive sensory modulation to successfully engage in daily activities within the home, school, and community.



Therapy Putty
Therapy Putty is available in 4 colors/firmness, and 4 different weights.