

Becoming Trauma-Responsive: Occupational Therapy Practitioners in Trauma-Informed Care

presented by Madalene Rutherford OTD, OTR/L - November 14, 2023

- What is occupational therapy?
- What is an occupation?
- What do occupational therapy services look like?
- What educational background do occupational therapists have?
- Where can occupational therapists work?
- How was the occupational therapy profession created?
- Neurobiology of trauma
- Possible Behavioral Signs of Trauma
- Post-traumatic stress disorder
- Sensory Processing Disorder
- PTSD AND SPD
- Sensory Processing Assessment
- Sensory Processing Intervention Basis
- Attachment-based Intervention Basis
- Coregulation Assessment
- Coregulation Intervention Basis
- Interoceptive Awareness Assessment

Handout for the Therapro webinar

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- Interoceptive Awareness Intervention Basis
- Daily Routine Assessment
- Daily Routine Intervention Basis
- Sleep Hygiene Assessment
- Sleep Hygiene Intervention Basis
- Discussion / Q & A 😊