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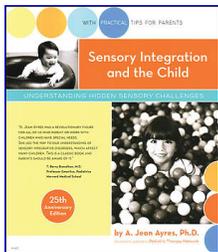
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Don't forget:

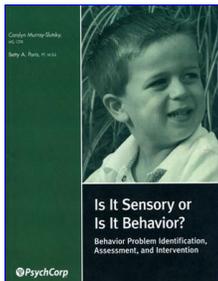
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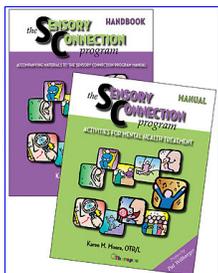
● Coming Full Circle



Occupational therapists have a long history of working with individuals with mental health issues. We used activities that were thought to be diversionary but whose real goal was to engage the individual in a meaningful way. The profession evolved and with the vision of pioneers such as [A. Jean Ayres](#) and her theory of sensory integration, we began to see a connection between mental health disorders and sensory processing.



Now comes Silke Plesch, a psychologist and licensed mental health counselor, to a Therapro [Saturday morning seminar](#), [Sensory Integration and Self Regulation: A Mental Health Perspective](#), describing her approach to helping children with behavioral issues by the application of sensory integration principles. Her treatment goal is to find what she calls the "[Window of Tolerance](#)," an [optimum zone](#) between [states of high arousal and low arousal](#). She cited the strong influence on publications such as [The Alert Program](#) and [Is It Sensory or Is It Behavior?](#) in her approach. She emphasized the intensive use of [sensory diets](#) (every 90 minutes) and the importance of collaborative problem solving with the child and his/her family, citing programs such as [ThinkKids](#) and [SMART](#) where it is practiced. A teacher who attended summed it up; "I can use this information in my classroom and explore ways to regulate behaviors from a sensory point of view."



Silke Plesch reminded me of how occupational therapy began in mental health. Of course, we have always been involved in mental health but now we have added [the tools of sensory integration](#).

Specials

10% off on the following products:

1. [Sensory Story Strategy Cards](#)
2. [Fidget Kit](#)
3. [Letter Treasure Hunt](#)
4. [I Can Work!](#)
5. [Sensory Connection Program \(Set only\)](#)
6. [Fine Motor Olympics \(Set only\)](#)

Featured Products

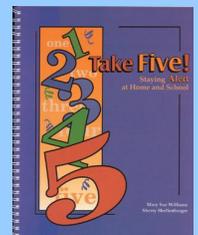
[Test Drive: Introducing the Alert Program Through Song](#)

This book and CD is the simplest way to introduce the Alert Program concepts to children in schools, homes, or therapy settings.



[Take Five! Staying Alert at Home and School](#)

Intended for teachers and parents. Sensorimotor activities and other strategies are presented in an easy-to-read fashion to support children's engines to "run just right" at home and school.



[Keeping On Track: Alert Program Companion Board Game](#)

After children have been introduced to the Alert Program concepts through the Leader's Guide's activities, and Test Drive's songs, they are ready for this great game.



[SticKids](#)

A software and activity kit that helps you set up and implement sensory strategies and programs for children with sensory processing, sensory integration and sensory motor challenges.



*Karen Conrad Weihrach, PhD, OTR/L
President, Therapro*

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You can also follow us on [Facebook](#), [Twitter](#) and [Pinterest](#) or [contact us](#) with any feedback or questions.

● May Sale Bin



Please view our [Sale Bin](#) for all of our May specials. These are first quality products that are either overstocked or discontinued. Please look frequently, as we update this often.

Seminars

All seminars are free, and are held Saturdays from 9-11 AM in our Showroom.

Upcoming confirmed events:

May 17, 2014

[Bullying: Understanding the Basics](#)

Speaker: Iris G. Leigh, CAGS, OTR/L

August 23, 2014

[Praxis Disorders and Intervention](#)

Speaker: Teresa May Benson, ScD, OTR/L

October 18, 2014

[Using Sensory Stories and Sensory Strategy Cards to Promote Self-Regulation](#)

Speaker: Victoria Nackley, MS, OTR/L

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