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April 2, 2014

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Ther-A-Gram

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Don't forget:

Free Shipping

on all online orders over \$35.00
to any location in the Continental USA!

• Self-Care with Flair!

"Nana, Nana look at me! I can put my coat on!" That was my granddaughter, Gabriella, age 3, as we were getting ready to go to the playground. How proud she was of her accomplishment! Just imagine her sense of pride, independence and self-esteem.



The acquisition of self-care skills occupies a special place in the development of young children. Bhanu Raghavan, MS, OTR/L brought her unique expertise and experience to last Saturday's Therapro Seminar where she described the origin and evolution of her publication, [Self-Care with Flair](#).



Self-Care with Flair presents a curriculum for [teaching Dressing](#), Eating, Grooming and Toileting through pictures and rhymes and [employs a teaching approach](#) based on current theories of how the brain learns. Each skill is broken down into simple steps and described by an [easy to remember rhyme](#). With frequent, repetition in short, fun-filled sessions, [the component steps are mastered and put in sequence until they becomes a complete self care skill](#). The rhymes are an auditory cue which, with repetition and success, become part of the child's long term memory. Learning is reinforced by the visual cues of the pictures and tactile input as skills are practiced. Each skill is presented with its [fine motor prerequisites](#), important tips and the step-by-step illustrations and associated rhyme. Visit the [Self-Care with Flair website](#) for more information.



Self-Care with Flair is packaged as a book and a CD. Bhanu described how she used the CD at IEP meetings to show the skills on her laptop. The skills in the book can be copied and posted or made into a booklet.

Specials

In honor of OT Month, we are offering the following Therapro products at a 10% discount:

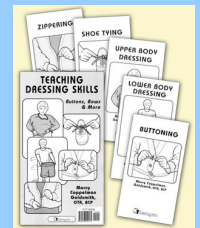
1. [TRUNKS](#)
2. [Second Hand Therapies](#)
3. [Self-Care with Flair](#)
4. [Sensational Fun](#)
5. [NOVENOPS](#)
6. [From Rattles to Writing](#)
7. [Sensory Stories Strategy Cards](#)
8. [Body Challenge Cards and Poster](#)

Featured Products

Also of Interest for Self-Care

Teaching Dressing Skills: Buttons, Bows and More

This publication consists of 5 fold-out pamphlets for teaching children and adults of varying abilities the basic dressing skills: shoe tying, buttoning, zipping, dressing, and undressing.



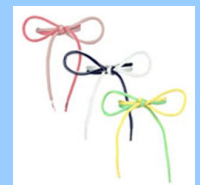
Red Lace, Yellow Lace

Each step of teaching the "bunny ear" method of tying shoes includes a short verse and a beautiful illustration showing a pair of hands and pair of laces, close up and in detail. Wire bound for easy flipping from page to page. Preschool and up.



Teaching Laces

These bicolor teaching laces are sure to please your child! One half of the 42-inch lace is one distinct (darker) color and the other half of the lace is a (lighter) color. Grades: Pre-K, 4+.



It seems that many children arrive at school without having acquired a full complement of self-care skills. Occupational therapists are being asked to evaluate and remediate these skills without a lot of resources

to guide them. Self Care with Flair! provides such a tool, a comprehensive curriculum to help children acquire self-care skills.

*Karen Conrad Weihrauch, PhD, OTR/L
President, Therapro*

Details on all Therapro offerings can be found at www.therapro.com and [our blog](#). You can also follow us on [Facebook](#), [Twitter](#) and [Pinterest](#) or [contact us](#) with any feedback or questions.

● April Sale Bin



Please view our [Sale Bin](#) for all of our April specials. These are 1st quality products that are either overstocked or have been discontinued. Please look frequently, as we update this often.

I Can DRESS Myself

A great vest for teaching dressing skills! This is a double-sided vest (one side for boys and one side for girls) that allows you to serve the needs of a multitude of individuals. Provides zipping, snapping, buttoning, overall clips, buckle, lacing, tying and Velcro skill practice.



Basic Skills Puzzle

Tie your shoes, button your shirt, zip your jacket and more! Six durable puzzle piece like pieces are fully portable, enabling multiple children to play at one time.



Teaching Sneaker

An 18" masonite board in the shape of a large attractive sneaker. Comes with a pair of bicolored teaching laces. Great for teaching shoe lacing and tying! Navy & white. Grades: Pre-K, 4+



Seminars

All seminars are free, and are held Saturdays from 9-11 AM in our Showroom.

Upcoming confirmed events:

April 26, 2014

Sensory Integration and Self-Regulation: A Mental-Health Perspective on Integration Disorders

Speaker: Silke Plesch, MA, LMHC

May 17, 2014

Bullying: Understanding the Basics

Speaker: Iris G. Leigh, CAGS, OTR/L

August 23, 2014

Praxis Disorders and Intervention

Speaker: Teresa May Benson, ScD, OTR/L

October 18, 2014

Using Sensory Stories and Sensory Strategy Cards to Promote Self-Regulation

Speaker: Victoria Nackley, MS, OTR/L

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